

INDIANA OLYMPIC DEVELOPMENT PROGRAM 2011-2012 SCHEDULE, FORMAT, AND COMPONENTS

PLAYER DEVELOPMENTAL GOALS

The 2011-2012 Indiana Olympic Development Program has been designed to meet the following player developmental goals:

- Understand, learn, and develop the technical qualities necessary to advance one's game to the Regional and National level;
- Expand Interpretation and Understanding of the Game from Different Perspectives (Systems and Positions)
- Learn and develop problem solving skills to be used before, during, and after matches;
- Learn how to confront adversity and respond responsibly, maturely, and thoughtfully;
- Learn how to effectively use different forms of communication with teammates and coaches;
- Learn how your role may change playing in different systems and in different positions;
- Become a soccer player, not a system or positional player;

2011-2012 INDIANA ODP AGE GROUPS

In 2011-2012 Indiana Olympic Development Program will run programs for the following age groups:

Boys

2001 (no regional camp, just state training)
2000
1999 Younger
1999 Older
1998 Younger
1998 Older
1997
1996
1995

Girls

2001 (no regional camp, just state training)
2000
1999 Younger
1999 Older
1998 Younger
1998 Older
1997
1996
1995

Indiana Olympic Development Program will send the following teams and numbers to Region II Camp in July, 2012:

Boys

2000 (No Team, Take up to 50 players)
1999 Younger (1 Team, 18 players)
1999 Older (1 Team, 18 players)
1998 Younger (1 Team, 18 players)
1998 Older (1 Team, 18 players)
1997 (1 Team, 18 players)
1996 (1 Team, 18 players)
1995 (1 Team, 18 players)

Girls

2000 (No Team, Take up to 50 players)
1999 Younger (1 team, 18 players)
1999 Older (1 Team, 18 players)
1998 Younger (1 Team, 18 players)
1998 Older (1 Team, 18 players)
1997 (2 teams, divided A and B, 36 players)
1996 (1 Team, 18 players)
1995 (1 Team, 18 players)

2011-2012 SCHEDULE PHASES

The Indiana Olympic Development Program Schedule will be divided into 4 programming phases throughout the ODP year to develop the players within the age group pools, and to identify and select the top players in each age group to attend Regional Camp. The four phases of the Indiana Olympic Development Program are outlined as follows:

Phase 1

State Pool Players

Aug. 28 – Oct. 9, 2011

- For non-high school aged players
- Age Groups: 2000, 1999, 1998, and 1997 players not in high school
- 4 dates (2 sessions each date) on Aug. 28th, Sept. 11th, Sept. 25th, and Oct. 9th;
- All training dates will be at Lawrence Park in Indianapolis (Indiana Soccer Association Office)
- Cost: \$100.00

Phase 2

State Pool Players

Oct. 30, 2011 – end of February, 2012

- Age Groups: 2000, 1999, 1998, 1997, 1996, and 1995
- 6 dates (2 sessions each date) both outdoor and indoor. See Master Calendar and individual age group schedule for exact dates;
- Training will be held at Lawrence Park in Indianapolis (Indiana Soccer Association Office), DePauw University, Wabash College, and other sites as determined;
- Participation in the Veterans Invitational (Evansville) on Nov. 5-6 (Girls) and Nov. 12-13 (Boys) for 2000, 1999, 1998, 1997, 1996, and 1995 age groups;
- Possible ODP Friendlies dates with other states as scheduled;
- State Team Pool Selection: after each State Pool's last scheduled training date in Phase 2 the State Pool will be trimmed to a State Team Pool in the 1999, 1998, 1997, 1996, and 1995 age groups. State Pools will not be trimmed in 2000 age group;
- Cost: \$135.00

Phase 3

State Team Pool Players

March 11 – June 16, 2012

- Beginning with Phase 3 each age group will be trimmed to a State Team Pool of approximately 24-30 players per each 18 attending camp in all age groups except the 2000 age groups. The 1999 and 1998's will have two teams split by birth date (Older and Younger). Each Age Group Head Coach will determine the final numbers of the State Team Pools;
- Age Groups: 2000, 1999, 1998, 1997, 1996, and 1995,
- 6 dates (2 sessions each date) on March 11th, March 23-25th (Alabama), April 15th, April 29th, May 20th, and June 16th;

- All training dates will be at Lawrence Park in Indianapolis (Indiana Soccer Association Office) except for March 11th as site still to be determined;
- All age groups will attend the Alabama ODP Showcase on March 25-27, 2011 except for the 2000 age group which will have an event in Kentucky. Indiana players, coaches, and administrators will travel and stay together for this event;
- The State Team and Alternates from State Team Pool will be announced following the April 29th session.. Everyone in the State Team Pool will either be named to the State Team to attend Regional Camp or as an alternate;
- ODP State Team/Alternate friendly date vs. Kentucky and Ohio South on June 16th
- Cost: \$150.00
- There will be an additional fee to cover travel to and from Alabama ODP Showcase via Charter Bus, lodging, and food. This fee will be collected before travel to showcase. The entry fee and coaches salaries have already been included in the Phase cost.

Phase 4

State Team and Alternate Players Mini Camp

June 28 - 30, 2012

- Each Age Group attending Regional Camp will participate in a Mini-Camp from June 28 - 30, 2012 in preparation for Regional Camp;
- Age Groups: 2000, 1999, 1998, 1997, 1996, and 1995;
- The goal is for the Mini-Camp to be a residential experience and the site/location is still to be determined. If not, it will be at Lawrence Park;
- Cost: To be announced once sites/locations are determined

ODP 2001: Introduction to the Olympic Development Program

Schedule to be announced

- Age Group: 2001
- This program is designed to be an introduction into the Olympic Development Program in preparation for full participation in the next year;
- Training sites will be Regional Based in the North, Central, and South;
- There will be two sessions in each Region in the late Fall (November) and 2 two sessions in each Region in early Spring (February/March);
- Regional Sessions will last 1.5 hours;
- There will be one State Wide Session at Lawrence Park at a date to be determined;
- Schedule: TBA
- Cost: \$15.00

2011-2012 SCHEDULE COMPONENTS AND FORMATS

The following components and formats will be used to achieve the player developmental goals described above:

State Pool and State Team Training

To accomplish the player developmental goals as well as to name the State Team Pool earlier in the calendar every effort was made to provide for more space each time an age group trains. In securing Lawrence Park for the majority of the outdoor training each age group training pool will have their own field to conduct training. All indoor training sessions have been scheduled with less age groups going at one time or on one date to also allow for more space indoors as well. With each age group having more space each time training occurs Indiana ODP should be able to expand on the range of your training from smaller numbers to bigger numbers.

Also, with having all of outdoor training at one site and at one time for each gender, we will be able to incorporate some additional components to what we offer the players. It is important we continue to expand the quality of sessions and opportunities for the players in our state. By having more space per team we can incorporate functional training, special training for top players, as well as more opportunities to scrimmage full field within an age group, against other age groups, or outside competition.

Functional Training

A new addition to the schedule this season is to incorporate functional training during some of the outdoor scheduled sessions. Functional training is a wonderful component to help players expand on their ability to interpret and understand the game from different perspectives both from a system and position standpoint. Because all of our outdoor training will be at one site, and all boy's or girl's training at one time, we will be able to combine age groups to better serve our players through functional training.

Functional training will be broken down along traditional lines of play (Goalkeepers, Backs, Midfielders, and Forwards) but also non-traditionally such as pairing Goalkeepers/Central Backs/Targets, Playmakers (Central Midfielders), and Wide Defenders/Wide Attackers. In other words we will have the ability to introduce the players to a greater level of understanding through functional training by combining positions or areas of play on the pitch.

Special Invite Training

Throughout the schedule we will also incorporate opportunities to combine the top players for each age group for special training. One of roles of Indiana ODP is to prepare the players who have the ability to advance to the Regional and National levels. It is important that we provide the top level of each age group the opportunity to be challenged at a higher level. Players must be challenged in homogenous training environments to continue their individual development, speed of play, and understanding of the game. .

ODP Friendlies/Scrimmages

One of the main themes through the ODP Survey we conducted in June was that the players in our state want to do more as a State Pool or State Team against outside competition. Every effort will be made to schedule games against outside competition whether it is with other state organizations, tournaments, or club teams. The tentative plans right now is to take many of the age groups to the Veterans Tournament in Evansville (November) and to Alabama ODP Showcase (March). We will try to add more play dates as they become available.