

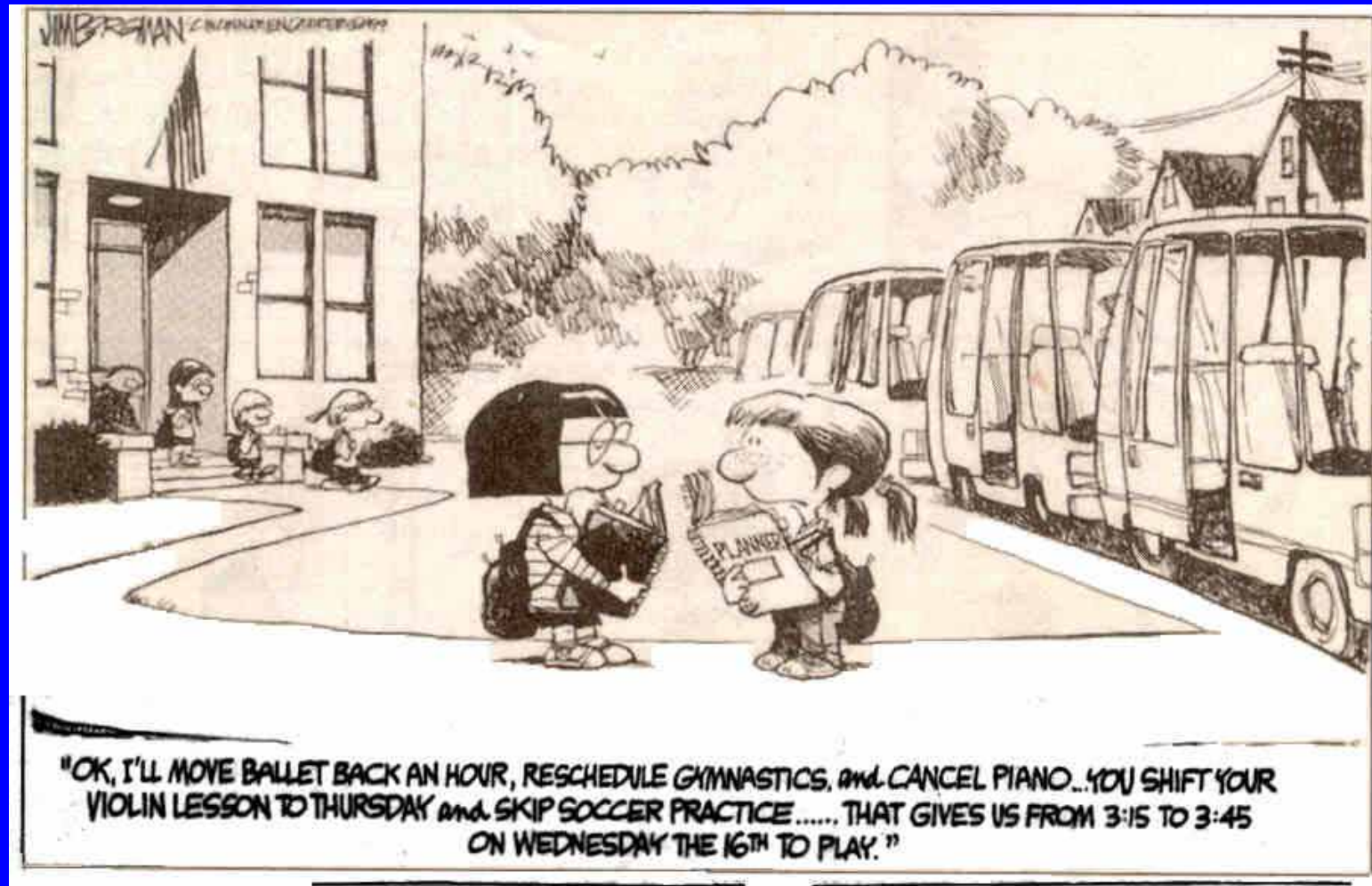


P.E.P.

(Parent Education Program)



Today's Child



"OK, I'LL MOVE BALLET BACK AN HOUR, RESCHEDULE GYMNASTICS, and CANCEL PIANO...YOU SHIFT YOUR VIOLIN LESSON TO THURSDAY and SKIP SOCCER PRACTICE..... THAT GIVES US FROM 3:15 TO 3:45 ON WEDNESDAY THE 16TH TO PLAY."

Careful !! - Children at Play

- Our Generation
 - Had more unsupervised free time
 - Made our own rules
 - Ownership/power to decide what to play/how long
- Our Children
 - Constantly supervised (Helicopter Parents)
 - Monitored by overbearing adults (Helicopter Parents)
 - Evaluated to adult standards
 - Fast tracked to achieve goals
 - Losing their autonomy/creativity opportunities

YOUTH SPORT HIJACKED BY ADULTS

- Whose needs are CONSIDERED?
- Whose expectations are met?
- Whose Agendas are fulfilled?
- WHY PARENTS FIND IT HARD TO VIEW YOUTH SPORT AS JUST ANOTHER LEISURE ACTIVITY?
(the return on investment syndrome)



Is This You?



How can parents help?



What do children want from parents?



Why Do Kids Participate?

- Competence (Learning and Improving)
- Affiliation (Being a part of a group)
- Fitness (physical health and development)
- FUN (Enjoying performance and relationships)



Is This You?

A photograph showing a man in a dark coat shouting at a young boy from behind. The boy is wearing a red football jersey with the number 11 in yellow. The background is a blurred outdoor setting.

TheFA
Respect

I want to be captain
I want to score the winner
I want to play at Wembley
I want the crowd to chant my name
I want Dad to stop shouting at me.

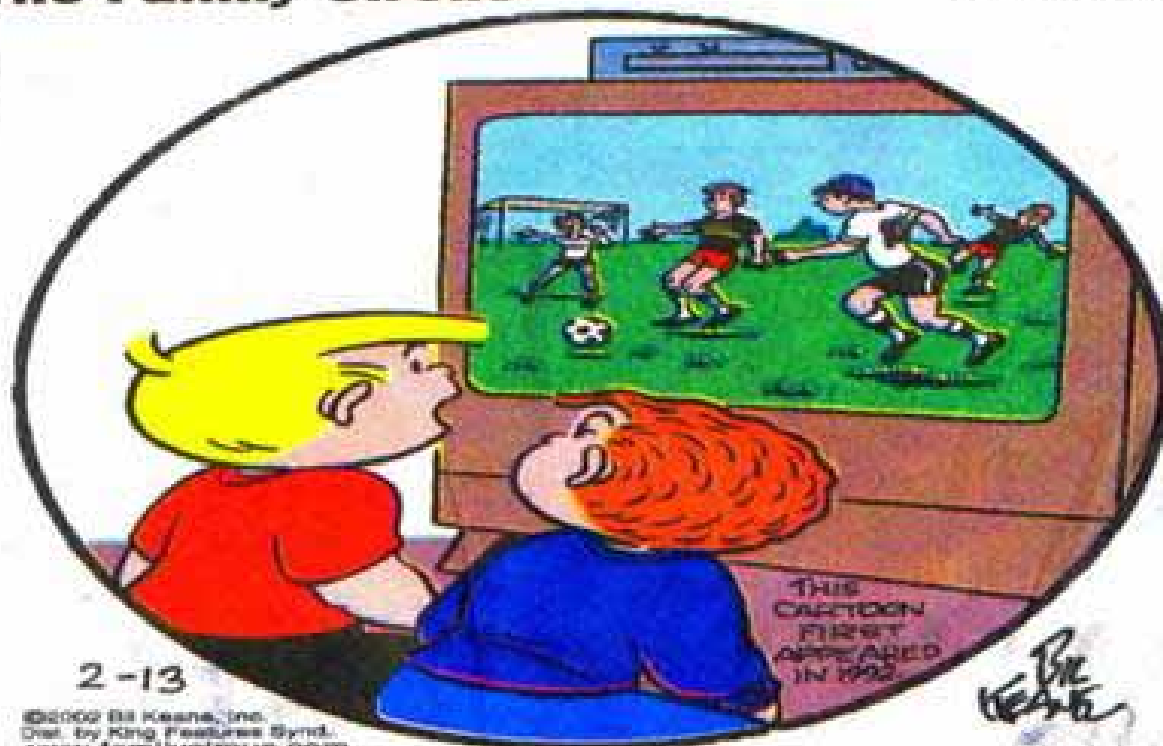
Why They Stop

- Lack of Playing Time (A)
- Overemphasis on Winning (A)
- Other Activities are more interesting/fun
- Lack of Fun (A)
- Coaching/Adult Behaviors (A)
- Dissatisfaction with performance (A)
- Lack of Social Support (A)



The Family Circus

BIL KEANE



2-13

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www.familycircus.com

**"The reason they can play that good
is their parents aren't yelling at
them from the sidelines."**

Why Don't They Listen To Me?

- Soccer is a multi-tasking sport.
- How many of you would want your child's teacher telling them the answers to tests?
- How many of you can talk on the phone and type an email at the same time?

Levels of Interaction

$$n(n-1)$$

- 2-players 2
- 3-players 6
- 4-players 12
- 5-players 20
- 6-players 30
- 7-players 42
- 8-players 56
- 9-players 72
- 10-players 90
- 11-players 110
- 12-players 132
- 13-players 156
- 14-players 182
- 16-players 240
- 18-players 306
- 20-players 380
- 22-players 462

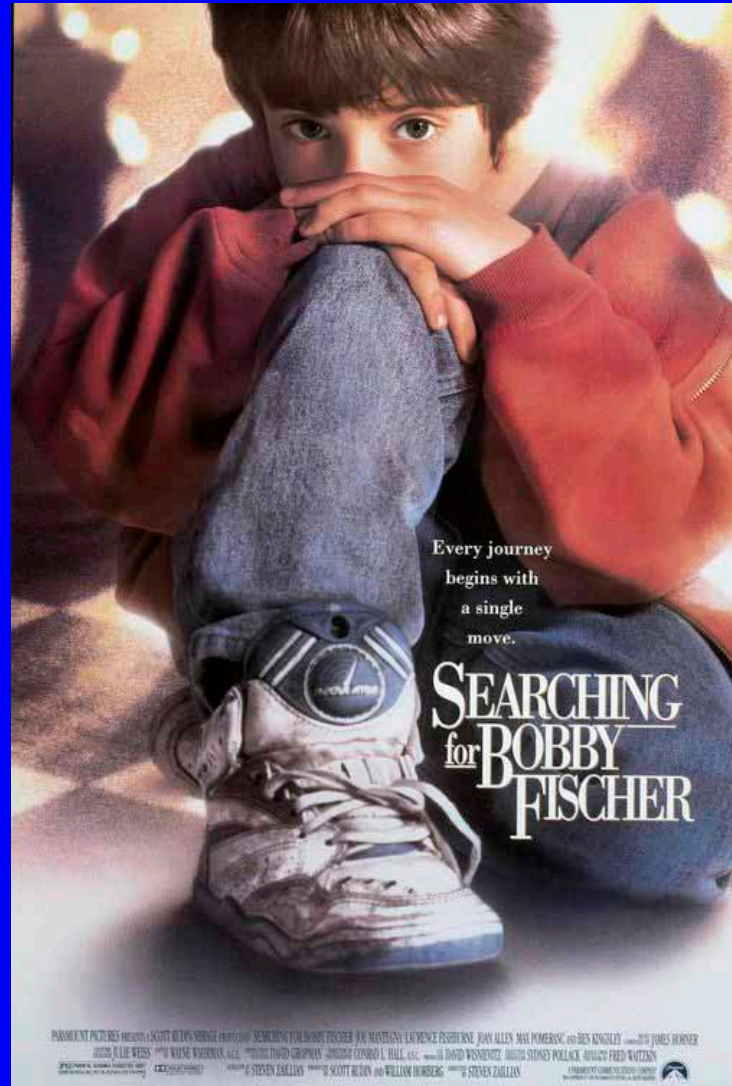
Guide On The Side



“Puts the hay in the barn”

Peyton Manning on Coach Dwyer’s demeanor during the game.

Searching For Bobby Fischer



Every journey
begins with
a single
move.

SEARCHING for BOBBY FISCHER

PARAMOUNT PICTURES presents a SCOTT BRIDGES PRODUCTION a SEARCHING FILM BOBBY FISCHER JIM MATHISON LAURENCE FISHBINE JOHN ALLEN MUI POMERANCE and BEN KINGSLEY with JAMES HANCOCK
JOSH KILBE WESS COSTUME DESIGNER WAYNE WATKINS, A.C.E. PRODUCTION DESIGNER ANDREW CONRAD L. HALL, A.C.E. EXECUTIVE PRODUCERS DAVID WISNITZKY ANDREW STANLEY POLLOCK ANDREW FRED WATKINS
PRODUCED BY STEVEN ZELLMAN WRITTEN BY STEVEN ZELLMAN DIRECTED BY SCOTT BRIDGES
A PARAMOUNT COMMUNICATIONS COMPANY
A SEARCHING FILM BOBBY FISCHER

Four Red Flags for Parents

1. Living Out Dreams - A parent who is continuing to live personal athletic dreams through his/her child has not released his/her child to the game.
2. Too Involved - If a parent tends to share in the credit when the child has done well in sport or has been victorious, the parent is too involved.
3. Trying Too Hard - If a parent is trying to continue to coach his child when the child probably knows more about the game than the parent does, he has not released the youth athlete.
4. Too Serious - A parent should realize that he/she is taking everything too seriously and has not released the child to the activity when the parent:
 - is nervous before his/her child's game.
 - has a difficult time bouncing back when the player's team suffers a defeat.
 - makes mental notes during a game so he can give his/her child advice at the conclusion of the game.
 - becomes verbally critical of an official.

“Teaching Character through Sport: Developing a Positive Coaching Legacy” by
Bruce Brown

Quiz Time!

- Average Soccer Player Peaks?
- Average Age a Goal keeper Peaks?
- Number of hours for a player to develop?

The Big Picture

- 1 in 330 go from high school to college sports
- Chances are less than 1 in 100 to get a scholarship
- 1% (male) of High School soccer players receive Division I scholarships
- 2-3% (female) of High School soccer players receive Division I scholarships
- 1 in 12,000 go from high school to pro
- Not all of the children are there to win!
- Losing is a part of living
- Genetics plays a role!





U.S. Soccer Best Practices

- Appropriate types of organized play in Zone 1

Zone	1	1	1	1	2	2	2
Age Grp.	U-6	U-8	U-10	U-12	U-14	U-16	U-17
No. of Games per Year	No Organ. Games	No Organ. Games w/ Score	Ltd. # of Org. Gms. (2:1 training-game ratio)	30 Max. (3:1 training-game ratio)	30 Max. (3:1 training-game ratio)	30 Max. (3:1 training-game ratio)	30 Max. (5:1 training-game ratio)
Periods of Rest	Voluntary	Voluntary	Multi-sport partic.	Time Off & Cont. Multi-sport	Some Time Off	Limited Breaks	Limited Breaks
Amount of Travel	None	None	In State (1 Hr. Max.)	Day Trips, plus 2 Over-nights	Regional	National	National
Partic. in Tourn.	None	None	Jamboree or Festival	Round Robin Only	Max. 3 Games in 4 Days	Max. 3 Games in 4 Days	Max. 3 Games in 4 Days
Championships	None	None	None	State (small-sided)	State and Regional	State and Regional	State, Reg. and National



U.S. Soccer Best Practices

- Appropriate age-specific training environments

Zone	1	1	1	1	2	2	2
Age Grp.	U-6	U-8	U-10	U-12	U-14	U-16	U-17
% Struct. Practice	None	Very Low	Low	Moderate	High	Very High	Very High
%Unstruct. Practice	Very High	Very High	High	Moderate	Low	Very Low	Very Low
Technical	Very High	Very High	Very High	High	High	High	Moderate
Tactical	Very Limited (1v1, 1v2, 2v2); No Positions	Very Limited (1v1, 1v2, 2v2); No Positions	Limited (1v1, 1v2, 3v3, 5v5 w/ GK); No Positions	Moderate (1v1, 1v2, 6v6, 7v7); Begin Assigning Positions	Moderate (Variety); Start Teaching Positions	Moderate (Variety)	High (Wide Variety)
Physical	Mvmt. Edu.	Mvmt. Edu.	Coord. & Balance	Speed & Agility	Introduce Strength	Seasonal Program	Seasonal Program
Mental	Enjoymt. & Skill Dev.	Enjoymt. & Skill Dev.	Learn to Train	Learn to Train	Train to Train	Train to Train	Train to Compete

UNITED Program



-UNITED-

Understanding *Remember that a young referee is somebody's child. Remember that the children playing are not miniature adults. They are going to make mistakes.*

Need for encouragement *Stay away from PGA. (Post Game Analysis)
Remember it's just a game! (Unconditional Love)*

Integrity *Be a role model for your child.
Sideline coaching creates confusion and suppresses a child's creativity.*

Together *help create a better environment for all.*

Enjoy *the game. Be thankful your child can and wants to play because before you know it, your child's playing days will be over.*

Development *and fun over results. Real success in youth sports is not measured in wins and losses but will be realized 20 years later.*

Only 2 Teams Need To Win....



Winning vs. Winners



Resources

- All Pro Dad
- FA Respect Campaign
- US Youth Soccer
- Indiana Youth Soccer
- Responsible Sports
- Positive Coaching Alliance