



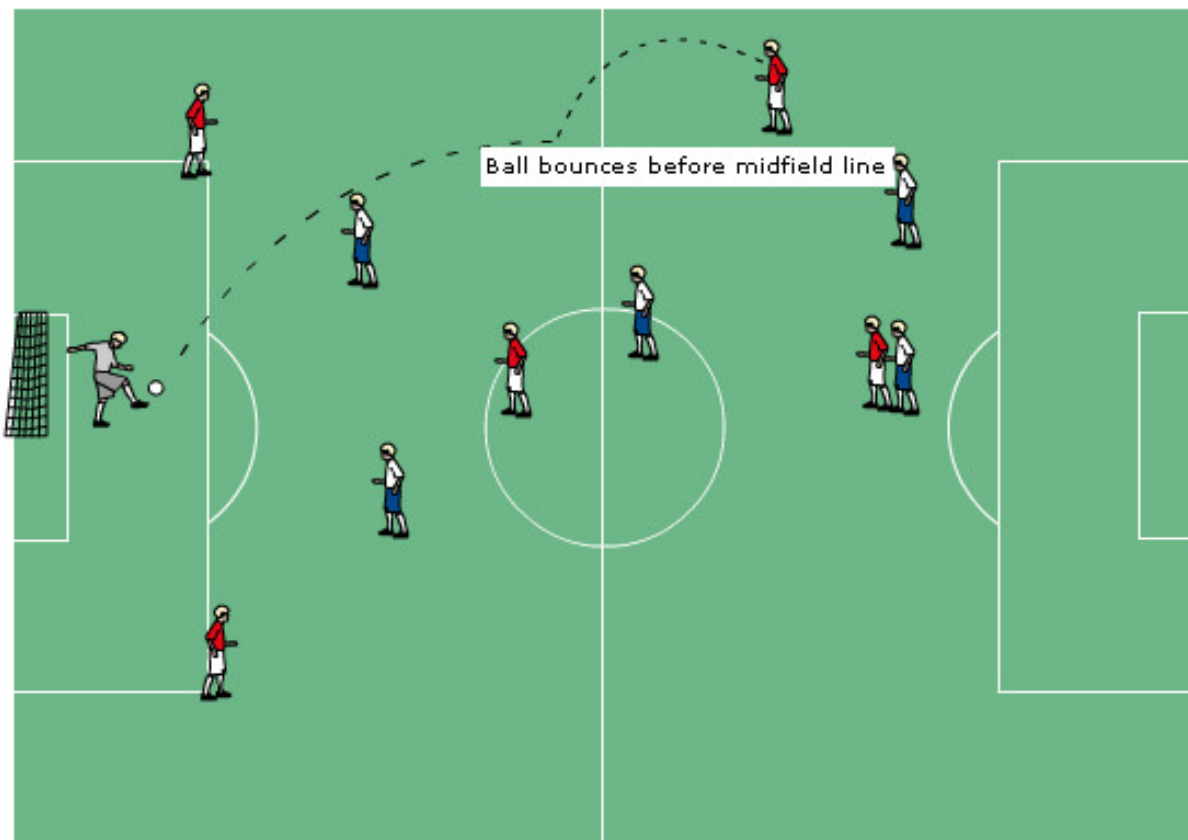
## U9/10 Punt Rule

In the U9/U10 age groups the goalkeeper may:

- Throw the ball past midfield in the air.
- Roll the ball past midfield.
- Place the ball down on the ground and kick it past midfield in the air.
- Drop kick the ball past midfield in the air.
- A goalkeeper may punt the ball but it must land in their own defensive half before crossing the midfield line.

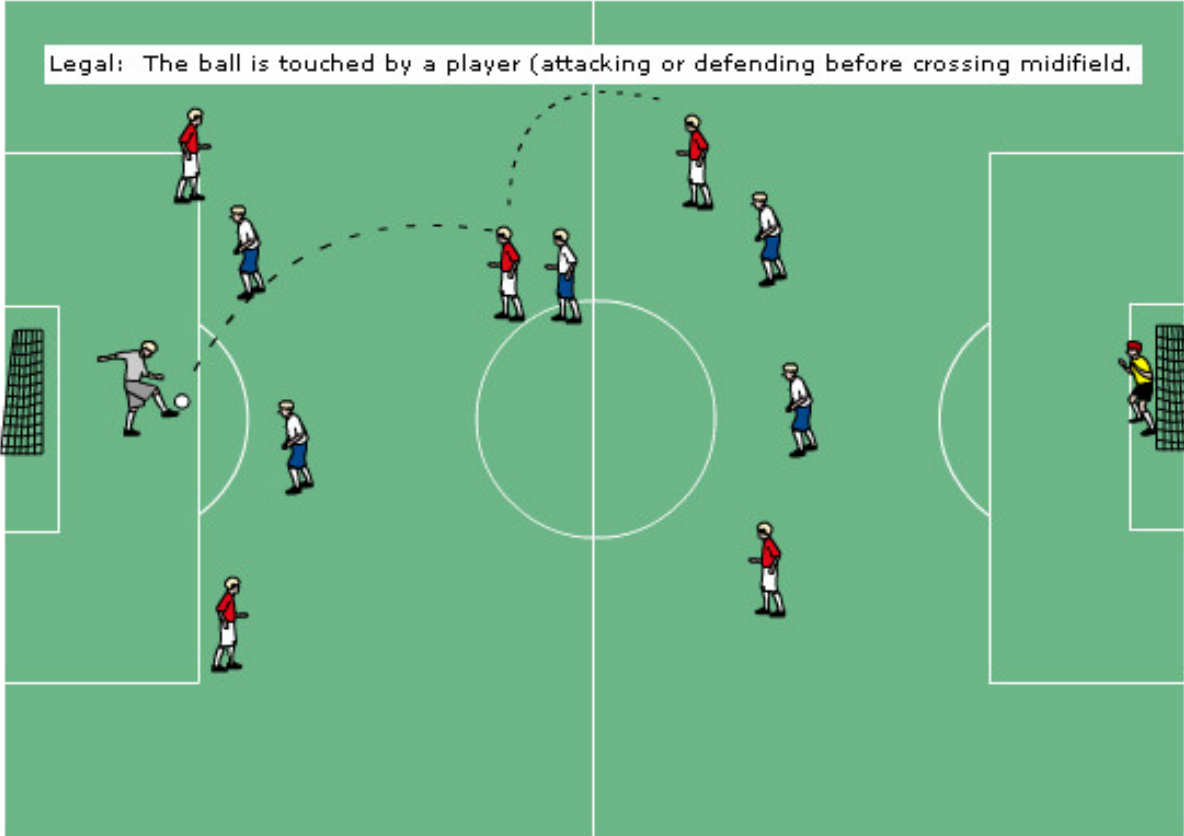
### Legal Punt Diagram 1

*The ball bounces on the ground and goes past midfield.*



Legal Punt Diagram 2

*The ball is touched by a player (attacker or defender) before crossing midfield.*



In the U9/U10 age groups the goalkeeper may NOT:

Punt the ball past midfield in the air. (see diagram)



An infraction will result in an indirect free kick from the midfield line for the opposing team.