



Indiana Youth Soccer

Stripes Skills Checklist

Name: _____ Email: _____

Address: _____ City: _____ State ____ Zip _____

Thank you for participating in Indiana Youth Soccer's Stars and Stripes program. The skills on this checklist can be done anywhere you can find space. This is the "Stripes" part of the program. When you are finished practicing with each skill, have either your coach/parent(s) initial it and then mail this and your "Stars" sheet into:

Indiana Youth Soccer
5440 Herbert Lord Road
Indianapolis, IN 46216

Skill	Stage 1 Score	Stage 2 Score	Stage 3 Score	*Stage 4 Score	Coach/Parent initials
Dribbling					
Juggling					
Receiving					
Passing					
Shooting					

*-If there is no Stage 4 then just put NA