



INDIANA SOCCER

Minimum Coaching Standards (Revised January 2018)



Indiana Soccer has offered **FREE** US Soccer Coaching Education courses (Youth Modules; National E and D Licenses) since 2010. Below you will find the minimum coaching standards for MRL; ISL Travel and Academy play. All recreation and recreation-plus coaches are encouraged to continue their growth and should take full advantage of **FREE** coaching education that Indiana Soccer provides.

* MRL requires all coaches on the bench to hold a US Soccer National D License.

* Indiana Soccer (ISL Travel and Academy Coaches) will have these minimum standards **in place beginning with the Fall 2018-19 seasons**. This allows coaches to obtain the necessary licensing to properly develop our youth players.

Revised Minimum Coaching Standards for Indiana Soccer Coaches

Age Groups	US Soccer Licensing	United Soccer Coaches Diploma
*Club Director of Coaching or Technical Director	Travel Director National "C" License Recreational/ Rec-Plus Director National Youth Coaching Course	Travel Director Director of Coaching Diploma Recreational/ Rec-Plus Director National Youth Coaching Course
16U and Up	Travel (MRL and ISL) - "National D"	Travel (MRL and ISL) - Advanced National
13U and 15U	Travel (MRL) "National D" Travel (ISL) "National D" OR 11v11 License	Travel (MRL) - Advanced National Travel (ISL) - National Diploma
11U and 12U	Travel "National E" OR USSF 9v9 License	Travel 7v7 – 9v9
8U - 10U	Travel/Academy USSF "F" or 4v4 and 7v7 License	Travel/Academy 4v4; 7v7

* Club Director of Coaching - A club director of coaching is defined as an individual coach who is:

1. Responsible for the education of coaches, players, and parents.
2. Responsible for writing policies and/or manuals for the club in relation to coach, player, and team development.
3. Directly involved with the hiring and/or releasing of coaches for the club.

• The purposes for requiring minimum coaching standards and coaching education are numerous. Here are some of the reasons why coaching education is important for coaches of all ages and how it helps to create a better playing environment:

- Philosophy of coaching
- Age appropriate developmental training sessions for the players they are coaching.
- Prevention of injuries, as well as proper care after injuries have occurred.
- Parent Engagement.
- Team management.
- Risk management issues.
- To protect you from civil lawsuits. If you are ever sued for an injury to one of your athletes (although rare), you can present a much better legal defense as a result of being educated and trained.
- To increase your knowledge on how to properly teach technique and tactics.
- To ease the worry of volunteer coaches who have never played or have limited experience in the game.
 - To arm coaches with activities (not drills) that will provide for a safe and fun learning environment. "There's no substitute for an educated coach"