

Indiana Olympic Development Program – John Carter, Director

Program Philosophy, Components and Activity Summary

Development is *the act or process of developing; unfolding; a gradual growth or advancement through progressive changes*. While ultimately the role of the Indiana Olympic Development Program is the identification and selection of players with the ability to progress to the next level of competition, the developmental process should be and will be at the forefront of the Indiana Olympic Development Program. The top players want to be challenged in competitive, positive, developmental environments against players of equal or better ability. If we refer to the above definition of "Development," The Indiana Olympic Development Program goals are to provide for the unfolding of ideas about the game of soccer, to provide the players confidence and ideas to solve problems the game presents them, and to provide opportunities for the gradual growth and advancement through challenging, creative, and positive training and playing environments.

The Indiana Olympic Development Program calendar runs from the end of August, when we begin the 10 month journey of identifying, evaluating, and training players, to July when we take 16 age groups (8 boys and 8 girls) to Region II camp to compete and train with the other 13 state organizations in Region II. Entering into the third full year of this calendar we continue to revise the goals of the program based on feedback from players, parents, and coaches. Based on the feedback received the 2011-2012 Indiana Olympic Development Program player developmental goals are:

- Understand, learn, and develop the technical qualities necessary to advance one's game to the Regional and National level;
- Expand Interpretation and Understanding of the Game from Different Perspectives (Systems and Positions)
- Learn and develop problem solving skills to be used before, during, and after matches;
- Learn how to confront adversity and respond responsibly, maturely, and thoughtfully;
- Learn how to effectively use different forms of communication with teammates and coaches;
- Learn how your role may change playing in different systems and in different positions;
- Become a soccer player, not a system or positional player;

To accomplish the overall goals of the Indiana Olympic Development Program as well as the player development goals, the Olympic Development Program training and developmental calendar (August – July) is broken down into four phases and Regional Camp. The four phases are Phase 1 (Fall), Phase 2 (Winter), Phase 3 (Spring), Phase 4 (Mini-Camp). Phase 1 and Phase 2 are considered State Pool Training which encompasses a larger pool of players. Players in the State Pool are trained and evaluated for a 6 month period (September – February) in preparation for our coaches to invite a selected group of players into Phase 3. Phase 3 and Phase 4 are considered the State Team Pool. Every player invited to continue training as part of Phase 3 and Phase 4 will either be named to the State Team or as an alternate. The players are trained in this tighter, more homogenous environment for a period of 4 months in preparation for Region II Camp. Each age group then attends a Region II camp in July based on the calendar set by Region II.

Along with the four phases of the Olympic Development Program calendar, the following other special features and programs are offered to enhance the player's developmental experience as well as accomplish the goals of the program:

Functional Training

As part of training we have begun to incorporate functional training during some of the outdoor scheduled sessions. Functional training is a wonderful component to help players expand on their ability to interpret and understand the game from different perspectives both from a system and position standpoint. Functional training will be broken down along traditional lines of play (Goalkeepers, Backs, Midfielders, and Forwards) but also non-traditionally such as pairing Goalkeepers/Central Backs/Targets, Playmakers (Central Midfielders), and Wide Defenders/Wide Attackers. In other words we will have the ability to introduce the players to a greater level of understanding through functional training by combining positions or areas of play on the pitch.

Special Invite Training

Throughout the schedule we will also incorporate opportunities to combine the top players for each age group for special training. One of roles through Indiana ODP is to prepare the players who have the ability to advance to the Regional and National levels. It is important that we provide the top level of each age group the opportunity to be challenged at a higher level than the general pool. The top players want this and if we are going to continue to attract and keep the top players in the state we must provide for special opportunities to bring these players together from across the age groups.

ODP Friendlies/Scrimmages and participation in Tournaments

One of the main components of our program we continue to hear positive remarks about is the opportunity for the players in the Indiana Olympic Development Program to do more as a State Pool or State Team against outside competition. Currently Indiana Olympic Development Program has established partnerships with the Veterans Invitational Tournament in Evansville to enter teams into their tournament (November), with the Alabama Olympic Development Program to bring teams to their annual Showcase (March), with the Kentucky Olympic Development Program for an annual play date for our youngest age group (April), and with the Kentucky and Ohio South Olympic Development Programs for annual friendly games prior to heading to Regional Camp (June). We continue to look for additional partnerships to offer our players the opportunity to play as a State verses outside competition.

District Training Sites (Non-High School Players)

In the fall (August through November) we have District sites around the state to train players in the local communities and to identify new players for promotion to the State Pools. District training is for players in the youngest non-high school age groups that currently have State Pools. District Training sites are run be an appointed head district coach who is responsible for scheduling 3-6 training sessions throughout the fall. The District Head Coaches are also responsible for staffing, training sessions, and the identification of players to be promoted to the State Pools. District sites are run in different areas of the state including Evansville, Terre Haute, Indianapolis area, Merrillville, South Bend, Fort Wayne, and Columbus. We continually look for new sites to set up District Training based on player interest and coaching availability.

Open High School Evaluation Program

The Open High School Evaluation Program was established to address the need to provide identification opportunities for players in high school to possibly join the State Pool in their age group. The Open High School Evaluation Program allows players who may have been part of the program in the past but dropped out, or who were not selected in the previous year to be re-identified or for those that have never been involved in the past but now have an interest in being identified, an avenue for selection into their respective age group State Pool. All high school players born in the three oldest age groups are extended an invitation to attend an open evaluation period for consideration to the State Pool. The open evaluation period occurs on the first two training dates of Phase 2, which begins following the completion of the Indiana High School soccer season. Participating players train in the State Pool session for their respective age group and are evaluated with and against the current State Pool players in each age group. If a player is invited to join the State Pool following the evaluation period, the cost (\$40.00) of the Open Invitation will be deducted from the State Pool Fee for Phase 2.

ODP 2001 Program: An Introduction to the Olympic Development Program

This program is designed to be an introduction for players born in the year 2001 into the ODP System and training environment that they will encounter in future years. "ODP 2001" is conducted around the state in the North, Central, and South regions in the late fall and early spring. There will be one to two come together events scheduled throughout the year. The "ODP 2001" program is purely a developmental age group with the opportunity to train and play with the best players in one's age group as well as receive quality instruction from Nationally Licensed Coaches. Since this is an introduction into the process no State Team will be formed and this group will not travel to Regional Camp. Players who participated in this program will then become the beginning State Pool in 2012-2013. Players born in 2001 will begin this process and attend Regional Camp in 2013. Cost per session to participate in an "ODP 2001" training session is \$15.00.

Indiana Olympic Development Program Activity Summary August 2011 – July 2012

Phase 1: State Pool Players Dates: Aug. 28 – Oct. 9, 2011

The 2011-2012 Indiana Olympic Development Program Calendar begin on Aug. 28th with the first session of Phase 1. Phase 1 was for non-high school age players and included the following age groups: 2000, 1999 1998, and 1997 players not in high school. Phase 1 consisted of 4 training dates (2 sessions each date) at a player cost of \$100.00. We had 437 (243 Boys and 194 Girls) total players participate in Phase 1.

District Training Sessions Dates: Various Dates and Sites in the Fall

District Training is only conducted during late August, September, October, and early November. This fall Indiana Olympic Development Program conducted District Training in the following 11 sites across the state: Center Grove, Columbus, Evansville, Fort Wayne, Merrillville, Pike, South Bend, Guerin, Zionsville, and Lawrence Park.

“ODP 2001” Program**Dates: Late Fall 2011 and Early Spring 2012**

The “ODP 2001” program ran sites across the state during the late fall, early spring and one come together event in Columbus, Indiana with games versus Kentucky ODP on April 7, 2012. In 2011-2012 the “ODP 2001” program was led by two extremely talented and well known coaches in the state of Indiana. The Boys side was directed by Dan Kapsalis and the Girls side was directed by Dan McLaughlin. They were assisted by other talented coaches across the state of Indiana. The “ODP 2001” program conducted sessions in the following locations: Bloomington, Center Grove, Evansville, Fort Wayne, Greencastle, Lawrence Park, Pike/Indy Burn, South Bend, Terre Haute, and Zionsville. This past year we had 203 (94 Boys and 109 Girls) 2001 players participate in at least one “ODP 2001” training session.

Phase 2: State Pool Players**Dates: Oct. 30, 2011 – end of February 26, 2012**

Phase 2 introduced the high school age players and included the following age groups: 2000, 1999, 1998, 1997, 1996, and 1995's. Phase 2 consisted of 6 training dates (2 session each date) both outdoor and indoor at a player cost of \$135.00. Phase 2 also included participation of all of our age groups in the Veterans Invitational (Evansville) for both genders. We had 693 (366 Boys and 327 Girls) total players participate in Phase 2.

Inter-Regional Events and Indiana Player Participation

In 2011-12 the following Indiana Olympic Development Region II Pool players attended the following Region II Events:

Girls Thanksgiving Inter-Regionals**Boca Raton, FL****Nov. 18-25, 2011**

1995 Girls: Gracie Lachowecki

1996 Girls: Kelsey Dossey, Katy Keen, Samantha Kokoska, Josie Thurman

1997 Girls: Samantha Dewey, Alia Martin, Annika Schmidt

Boys Thanksgiving Inter-Regionals**Chula Vista, CA****Nov. 24-28, 2011**

1998 Boys: Spencer Glass

Boys NCAA Showcase**Birmingham, AL****Dec. 8-11, 2011**

1994 Boys: Cody Schweitzer

1995 Boys: Sam Peters

**Girls Inter-Regional National Development Camp
– 12, 2012****Las Vegas, NV****Feb. 7**

1995 Girls: Gracie Lachowecki

1996 Girls: Shannon Hendricks, Pooh Lewis, Kellee O'Shaughnessy, Josie Thurman, Maddy Turner

1997 Girls: Hannah Dolfuss, Amber Hoot, Ryan Kokoska, Alessandria Fistrovich

Boys Virginia Friendlies**Williamsburg, VI****Feb. 23-26, 2012**

1998 Older Boys: Spencer Glass

1998 Younger Boys: Justin Ingram

1997 Girls Costa Rica Inter-Regional Costa Rica Feb. 23 – March 1, 2012

Hannah Dolfuss, Emily Hopkins, Ryan Kokoska, Alessandria Fistrovich, Alia Martin, Annika Schmidt

Phase 3: State Team Pool Players Dates: March 11 – June 16, 2012

Beginning with Phase 3 each age group was trimmed down after the final training session in Phase 2 in all age groups, except the 2000's, to approximately 24-30 players per each age group who attends Regional Camp. All players in the 2000 State Pool were invited to continue training in Phase 3 and to attend Regional Camp if they so desired. All players invited to continue as part of Phase 3 were either named to the State Team to attend Regional Camp or will be an alternate. The naming of the State Team (18 players) and alternates (all remaining players in age group pool) occurred on May 7, 2011. Phase 3 consisted of 6 dates (2 sessions each date) at a player cost of \$150.00. We had 488 (249 Boys and 241 Girls) total players participate in Phase 3

Phase 3: Alabama ODP Showcase Dates: March 23-25, 2012

During Phase 3 the 1999, 1998, 1997, 1996, and 1995 age groups, both boys and girls, planned to attend the Alabama ODP Showcase. Unfortunately due to weather and rain in Alabama the week leading up to the event the showcase was cancelled and the teams did not travel to Alabama.

Phase 3: 2000 and 2001 Kentucky Friendlies Date: April 7, 2011

The 2000 and 2001 age groups, both boys and girls, participated in ODP friendly games with Kentucky in Columbus, Ohio. This year we added our developmental age group (2001) to combine with the youngest age group (2000) we have operate a State Pool. The event was a success as each age group and gender played small sided games (4v4 or 5v5) during the first session and 8v8 games during the second session. It was great to see our youngest players enjoying a day of competition with Kentucky ODP. We had 94 boys and 109 girls participate in Kentucky friendlies.

Phase 4: State Team and Alternate Players Mini Camp Dates: June 29 – July 1, 2012

Phase 4 was a residential Mini-Camp experience for all players, both State Team players and Alternates, held on the campus of DePauw University. The goals of Mini-Camp focused on team building on and off the field; preparation of the State Teams for competition at camp; and provided an intense training environment for players on their journey of continued development. The players arrived in the afternoon of June 29th and departed by 12:00 pm on July 1st. Each team had 4 field training sessions, along with team meetings at night. On Saturday evening we had "Mini Camp Got Talent" competition which each age group had to perform a skit or song. The goalkeeper coaches served as judges and the 1995boys/girls were crowned champions of the second ever "Mini Camp Got Talent" competition. The cost for Mini-Camp was \$125.00 per player. We had 273 (134 boys and 139 girls) players participate in the Mini-Camp experience.

Region II Camps Dates: Various dates, July 2011

During the summer of 2012, Indiana ODP sent 16 State Teams to participate in the Region II camp for their age group. Age groups included the 1995's, 1996's, 1997 Older, 1997 Younger,

1998 Older, 1998 Younger, 1999 Older, 1999 Younger and the 2000 Developmental group. The 1995 and 1996 boys and girls participated in the Region II Showcase/Tournament in Rockford, Illinois. The 1996 girls won the tournament and earned the invitation to compete in the ODP National Championships in Frisco, Texas from Feb. 28 – March 3, 2013. The 1997, 1998, and 1999 boys teams went to Rockford, Illinois while the 1997, 1998, 1999, 2000 girls, and the 2000 Boys went to DeKalb, Illinois for camp. Following the Region II camps in July, Indiana Olympic Development Program placed the following young men and women on Region II Pools:

Boys Region II Extended Pools

1995: Andrew Baliff, Nico Garcia-Vicente, Jack Griffith, Luther Jacobs, Sam Peters, Ethan Smith

1996: Dominic Harris

1997: Zachary Conroy, Kyle Hoagland, Qunten Murphy

1998: Kyle Bensen, Connor Campbell, Joshua Coan, Jacob Devine, William Harrison, Justin Ingram, Niam Johnson, Eoin O'Neal, Bawiuk Lian-Phaten, Trevor Pollock, Brandon Shiflet

1999 Older: Eli Quivey

1999 Younger: Nicholas Binkley, Eric Hollenkamp, Van Ram Kingbawl, Ethan Lee, Kyle Orciuch, Riley Shives

Girls Region II Pools

1995: Victoria Marshall, Madison McGinn, Kayla Murphy

1996: Allison Abbe, Kelsey Dossey, Shannon Hendricks, Katy Keen, Samantha Kokoska, Pooh Lewis, Reily Martin, Kellee O'Shaughnessy, Josie Thurman

1997: Samantha Dewey, Amber Hoot, Ryan Kokoska, Annika Schmidt

1998: Ryanne Brown ('99), Courtney Jones, MacKenzie Kincaid ('99), Alia Martin, Morgan Scott Hope Van Wagner

1999: Julia Calvert

Overall this past year was a very exciting year for the Indiana Olympic Development Program in regards to growth of player and coach development. We continue to strive to make Indiana ODP the best program in the country. As the Indiana Olympic Development Program moves forward in the future we will re-evaluate the program following the July Regional Camps.