



## Indiana Soccer Imperatives for Training and Games



Updated August 12, 2021

**Indiana Soccer continues to support the Indiana Health Department's recommendations to mitigate the effects of Covid-19. Below you will find the current guidelines for all Indiana Soccer sanctioned activities, which were developed after consultation with the Indiana Health Department. We look forward to your support and compliance with these imperatives.**

- Currently authorized vaccines in the United States are highly effective at protecting vaccinated people against symptomatic and severe COVID-19. Fully vaccinated people are less likely to become infected and, if infected, to develop symptoms of COVID-19. They are at substantially reduced risk of severe illness and death from COVID-19 compared with unvaccinated people.
- Infections in fully vaccinated people (breakthrough infections) happen in only a small proportion of people who are fully vaccinated, even with the Delta variant. Moreover, when these infections occur among vaccinated people, they tend to be mild. However, preliminary evidence suggests that fully vaccinated people who do become infected with the Delta variant can be infectious and can spread the virus to others.
- Wear a mask in public indoor settings if you are in an area of substantial or high transmission. Between Aug. 3 – 9, 2021, every county in Indiana is considered to have a substantial (7 counties) or high (all remaining counties) level of transmission.
- Since carpooling takes place with many Indiana Soccer families, it is **strongly** recommended that all individuals carpooling wear a mask. Families should consider wearing masks while in their own cars as individual family members may have been exposed to someone with COVID-19 or a variant.
- Social distancing (minimum of 6 feet apart) should still be practiced, indoor and outdoor.
  - Coaches should make sure social distancing is respected during team meetings (pre-game, halftime, or post game).
  - Benches and tents are not permitted in the team area. Players may bring individual chairs and umbrellas for individual use.
  - Social distancing between families should be respected. If a family utilizes a tent, they are not to share the tent with immediate household members.
- Greetings
  - Handshakes between players, coaches, or referees pre- or post-game should not take place.
  - Social distancing should be respected during the captains' meeting.
- People who are immunocompromised should be counseled about the potential for reduced immune responses to COVID-19 vaccines and to follow current prevention measures (including wearing a mask, staying 6 feet apart from others they don't live with, and avoiding crowds and poorly ventilated indoor spaces) regardless of their vaccination status to protect themselves against COVID-19 until advised otherwise by their healthcare provider.
- Follow any applicable federal, state, or local regulations in terms of COVID-19 protocols. They may be more restrictive.