

# Indiana ODP Developmental Plan

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## Vision

Participants achieve their playing aspirations

## Mission

Develop ODP participants into the best people and players they can be

## Purpose

Enhance each Player's Experience & Development



## Core Values

1. Player Centered
2. Region/National/Club Collaborative
3. Holistic approach to development
4. Character Based
5. Inclusion and Diversity with Staff and Players

**Aspirations could include but are not limited to:**

- High School Varsity Team
- College Play/Scholarship
- Top Club Team
- Regional or National Team
- Professional Play
- Other

**Indiana ODP will assist through...**

1. High-Level Training from Effective Coaches
2. Matches against other States in Friendlies and Sub-Regional events
3. Self -analysis using VEO Cameras.
4. Provide yearly evaluations through Team Genius
5. Small Sided Referee training
6. Top Soccer Buddy Courses
7. Use of technology
8. Other



# System of Play 1-4-3-3



Playing System  
1-4-3-3

3 Forwards

3 Midfielders

4 Backs

1 Goalkeeper

We will play a possession style of soccer with an emphasis on when and how to keep the ball. We will look to be creative and dynamic in our attack and organized defensively. Communication will be important in our program.

For the 11 v 11 game our formation will be a 1-4-3-3 with variations in a 1-4-2-3-1 or 1-4-1-2-3.

For the 9v9 game we will play 1-3-2-3



## 3 Phases of Attack

**Defending Third-** Build Up Play with accurate passing and movement in order to find players who can play into next zone.

**Middle Third-** Play Forward by gaining numerical advantage, combinations or direct play in order to penetrate and make final pass to create scoring opportunities in Final Zone.

**Attacking Third-** Creative movement in order to receive the final pass for chances to score. Shooting and Finishing.

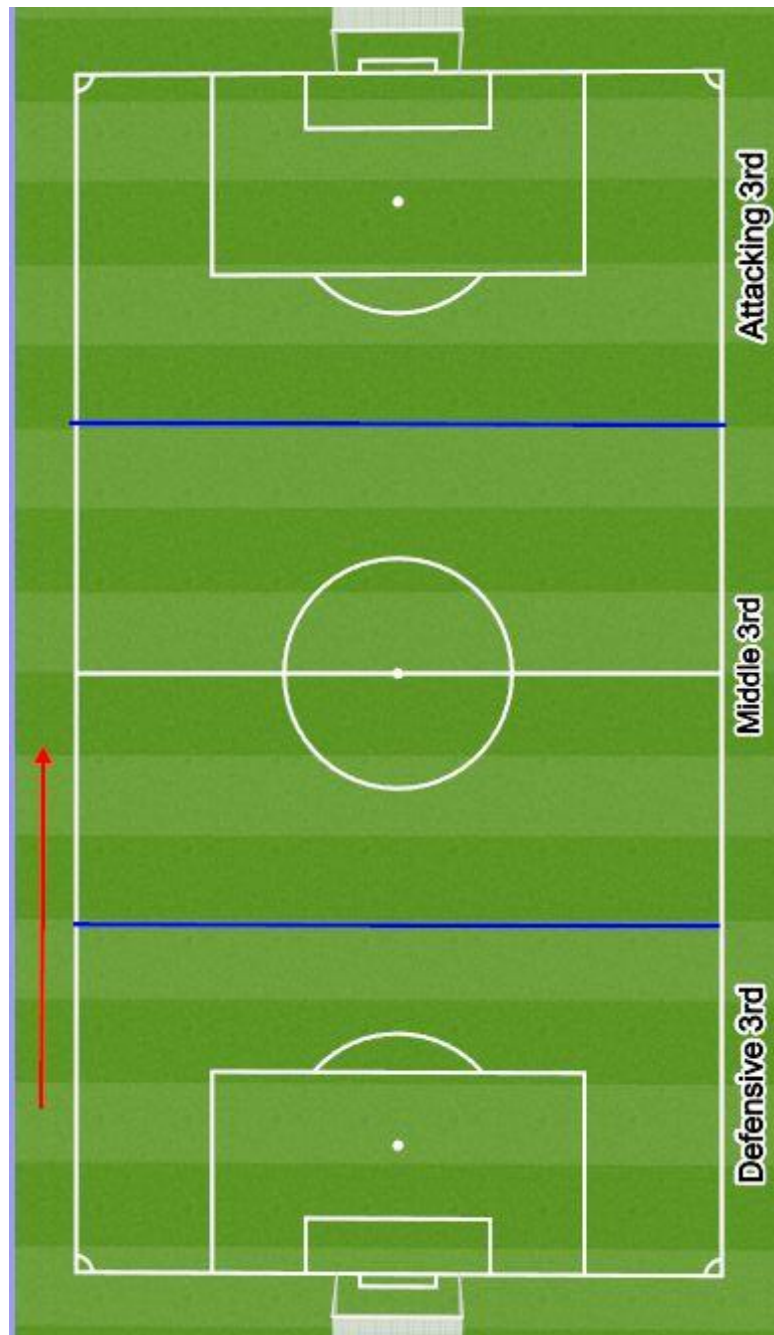


## 3 Phases of Defense

**Defending Third-** Disturb Build-Up. Prevent the Forward Play, Deny Penetration, Force Inaccurate Passing and Regain the Ball.

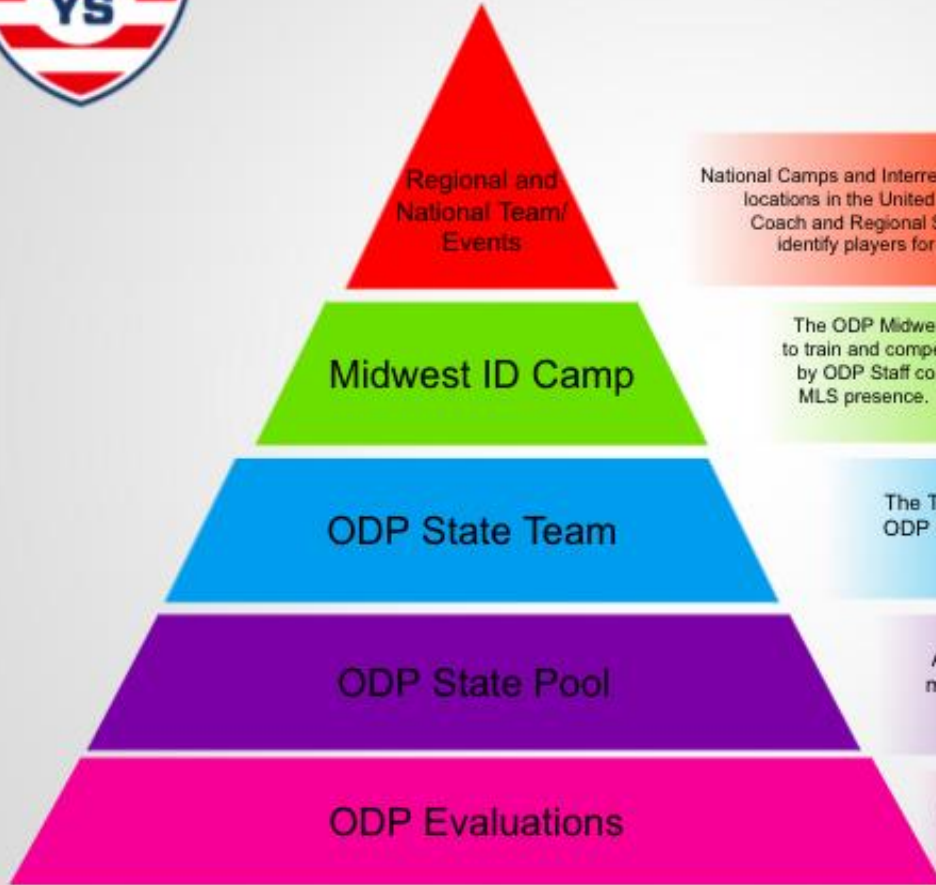
**Middle Third-** Disturb Build-Up, Prevent the Forward Play, Deny Penetration, Force Inaccurate Passing, Regain the Ball

**Attacking Third-** Disturb Build-Up, Prevent the Forward Play, Deny Penetration, Regain the Ball Deny Chances, Prevent Goals





# Indiana ODP Progression



National Camps and Interregional events are held throughout the year at various locations in the United States. The National Team Coach or a National Staff Coach and Regional Staff is present at these events to observe, train, and identify players for placement in the national pool or on a national team.

The ODP Midwest ID Camp is a unique opportunity for invited players to train and compete with the top players in the Midwest and be trained by ODP Staff coaches, including exposure to college coaches and an MLS presence. Players will also have the opportunity to be identified for future ODP Midwest events...

The Top players in each group will be selected by the ODP Staff. These teams will compete in the Midwest Region Sub Regional.

A player can be invited into the state pool from a member of the Indiana ODP Staff, a club DOC or through the tryout process.

A player can choose to come and try out for Indiana ODP or a player can be identified by an IN ODP staff member. A player may also be identified at an IDP district training session.





# Indiana ODP Growth Opportunities

- VEO Camera Content
- ODP YouTube Channel
- Top Soccer Buddy Course
- Small Side Referee Course
- CIT (Coach in Training)
- Team Genius Evaluations
- Cognisat™
- Other - TBD





## Indiana ODP Field Players are evaluated on the following criteria...

- Initiative
- Game Awareness and Decision Making
- Focus
- Technical Skill
- Physical Ability
- Responsibility







## Indiana ODP Goalkeepers are evaluated on the following criteria...

- Game Awareness and Decision Making
- Focus
- Optimal Technical Ability
- Optimal Physical Ability



# Key Qualities for 2011/12 Players

- Open Body to the field
- Movement off the ball
- Move the Ball Quickly
- Switch the Point of Attack
- Recognize when to take People on 1v1



# Key Qualities for 2009/10 Players

- Team Shape
- Speed of Play
- Players recognize when to break lines (dribble or pass)
- Zonal Defending until in Defensive 1/3



# Key Qualities for 2004-06 Players

- Ability to read teammates and opponents
- Can Handle Adversity on the Field
- 1v1 decisions (offense and defense)
- Positioning Off the Ball





# ODP Field Player Training Objectives

- Technical Development
- Team Shape
- Tactical Movement
- Decisions on the Ball





## Indiana ODP Goalkeepers are taught to...

- Read the game to recognize situations quickly
- Makes appropriate decisions, under pressure.
- Manage the Game
- Organize their teammates both in and out of possession





## Indiana ODP Goalkeepers are coached to...

- Maintain focus for entirety of match/training
- Show Courage on the Field
- Play in a composed and stable manner
- Deal with Adversity in a positive manner





Indiana ODP Goalkeepers are  
coached the technical skills needed  
to fulfill their three tasks

- Defending the Goals
- Defending Space
- Distributing the ball







## 2021 ODP Training Themes

- Possession (Horizontal)
- Possession (Vertical)
- Attacking Play/Finishing
- Playing out of the back
- Possession through the Middle 1/3
- Penetration into Final 1/3
- Team Shape (Zonal Defending)

