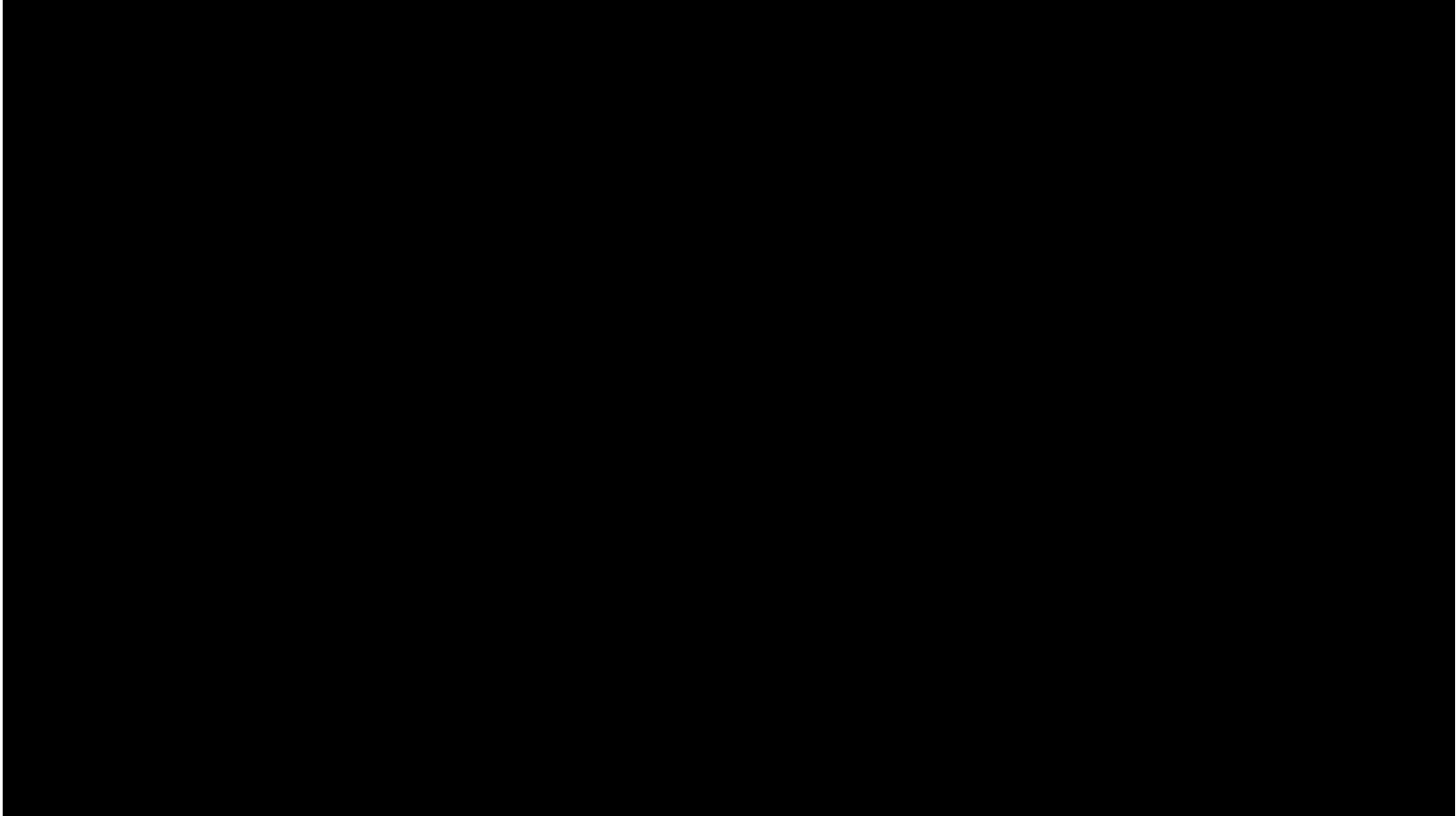




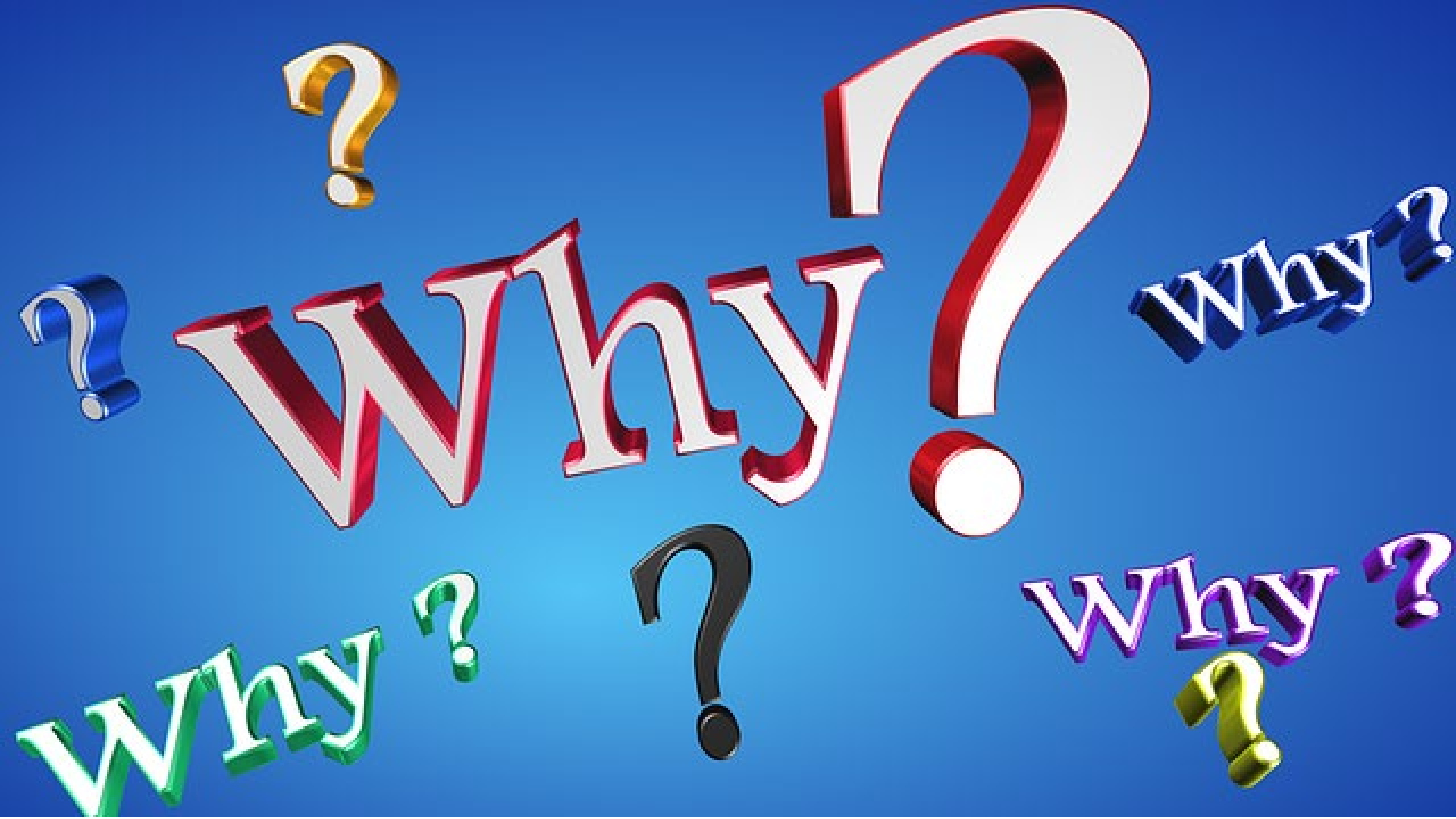
**SOCCER NUGGETS**



# AGENDA

- ☐ Indiana Web Page Resources
- ☐ Positive Coaches Alliance
- ☐ ODP
- ☐ Small Sided Referee Course
- ☐ Guardians of the Game





# Typical Emails That Both GP and I Receive

- Something that I know I could use help with and I am willing to bet others are too, is how to deal with parents. What is the most effective way to get across to them that coaching from the sidelines is NOT beneficial. How do we get them to understand that referees are human too and are going to make mistakes. Another one that I think would be interesting is simple soccer etiquette. Like no standing or sitting on the end lines and behind goals. Are noise makers permitted in youth soccer? I personally am noticing a big increase in cowbells, air horns, and clackers. And what can we do as individual clubs to make the experience better for everyone, players, coaches, refs, and parents. I may be asking too much but hopefully this will help give you some ideas. Thank you for all that you do and I look forward to absorbing some soccer nuggets this weekend!



[WHO WE ARE](#)[PROGRAMS](#)[COMPETITIONS](#)[EDUCATION](#)[OUTREACH INITIATIVES](#)[RESOURCES](#)[REFEREES](#)[HOME](#)[EDUCATION](#)[COURSES SCHEDULE](#)[COACHING BEST PRACTICES](#)[MINIMUM COACHING STANDARDS](#)

# Training Session Plans



Click on the age group to find complete Season Plans for each play format. Each of the training session plans below are geared towards developing your target play format group, alternating with an attacking and defending theme each week.

File Explorer





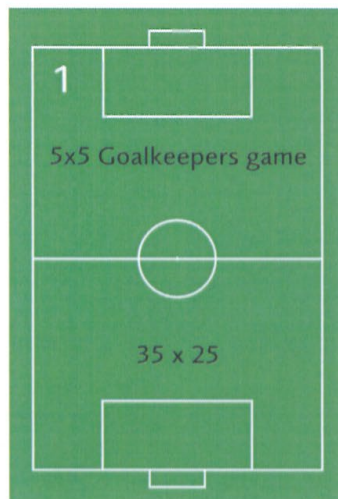






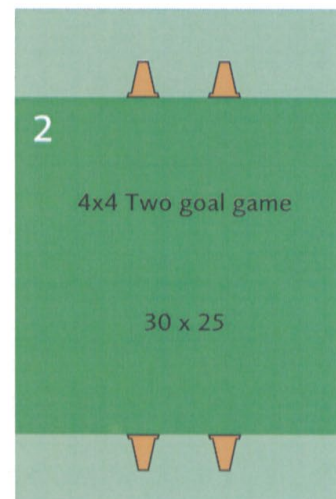
## The Manchester United U9 4 v 4 pitch layout and equipment

The pitch sizes are adaptable to specific requirements.  
For example, the format below is based on a total of 34 players including 2 goalkeepers



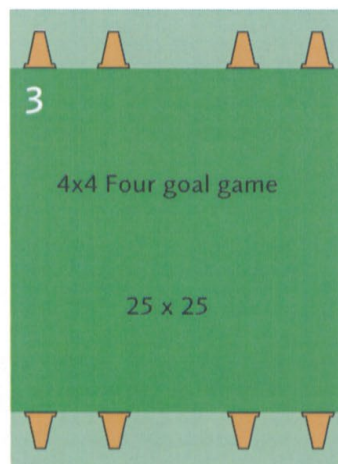
### Equipment

- 2 junior size goals  
6 x 18ft
- Marker cones to set out pitches or white line pitch marking



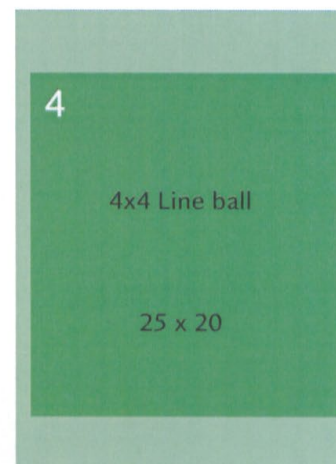
### Equipment

- 4 traffic cones
- Marker cones to set out pitches or white line pitch marking



### Equipment

- 8 traffic cones
- Marker cones to set out pitches or white line pitch marking



### Equipment

- 4 traffic cones to set out the pitch
- Marker cones to set out pitches or white line pitch marking



# COACHING EDUCATION

## Better Coaches = Better Environments = Better Players

The Indiana Soccer Association is committed to providing all coaches, from beginner to advanced, with education tailored to their experiences and the needs of their players. The Coaching License Pathway consists of a series of courses designed to meet the specific needs of a coach at every step of the way. U.S. Soccer believes education is a journey, and our goal is to provide the necessary tools, guidance, and mentorship a coach requires along the way.



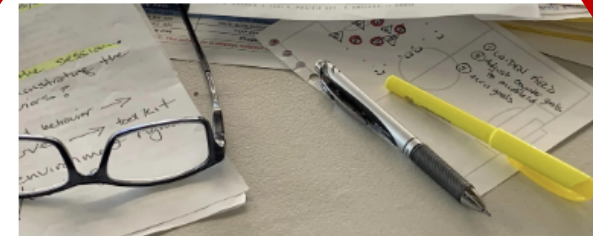
### What Is Coaching Education

Whether you are a beginning parent coach or an elite level travel team coach, Indiana Soccer provides the latest US Soccer certification and licensing coaching courses in English and Spanish. US Soccer licensed Coach Educators provide the latest coaching information, techniques and tools to help you handle the challenges of coaching in a fun, learning



### Choose A Course For You

Whether you're stepping onto the field for the first time or looking to refine your coaching prowess, our Coaching Education platform is your gateway to unlocking the art of effective coaching. Below is a current listing of courses being offered by Indiana Soccer. You may also wish to check out Online course offerings through US Soccer at



### Interested In Hosting A Course

Indiana Soccer offers you the opportunity to request a coaching course at your club by simply completing the "Request to Host Form" by [clicking here](#)



[COURSES](#) [DASHBOARD](#)[REFEREE PROGRAM](#)[COACHING EDUCATION](#)[SAFEGUARDING](#)[DIRECTORY](#)[HELP](#)

## U.S. SOCCER LEARNING CENTER

[COACHING EDUCATION](#)[REFEREE PROGRAM](#)[SAFEGUARDING](#)

### COACHING ARTICLES

[VIEW ALL](#)

**GRASSROOTS COACHING: THE BENEFITS OF FAMILIARITY**



**PERFORMANCE MINDSET: A GUIDE FOR SOCCER COACHES PART 2**

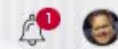


**GRASSROOTS COACHING: EFFECTIVE COACHING DURING GAMES**



**PARENTS: A PRE-GAME ROUTINE FOR PARENTS**  
Unlock your child's potential on the field with our





**GRASSROOTS COACHING: ACTIVITY DESIGN**  
CONSIDERATIONS FOR PLAYER LEARNING AND  
COACHING



**ADVANCED COACHING: HOW TO CLARIFY ROLES**  
AND MANAGE ATHLETES TO HELP ENSURE A  
SUCCESSFUL TEAM CULTURE



**COACH EDUCATOR: ADULT LEARNING**  
Let's dive into how we can meet adult learners where



**TECHNICAL LEADERSHIP: THE CHALLENGE OF**  
CLUB TECHNICAL LEADERSHIP



**TECHNICAL LEADERSHIP: BUILDING AN**  
EFFECTIVE AND SUSTAINABLE SOCCER ACADEMY



**GRASSROOTS COACHES: HOW TO MANAGE GAME**  
DAY



**PARENTS: THE DIFFERENCE BETWEEN**  
SUPPORTIVE, DISTRACTING, AND HOSTILE  
SIDELINE BEHAVIOR



**EFFECTIVE COACHING DURING TRAINING**  
We, as coaches, want to develop players in the best



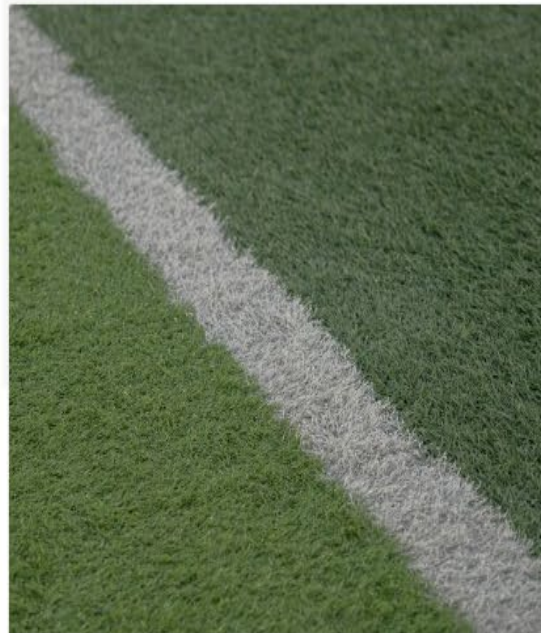
[COURSES](#) [DASHBOARD](#)[REFEREE PROGRAM](#)[COACHING EDUCATION](#)[SAFEGUARDING](#)[DIRECTORY](#)[HELP](#)

## REFEREE ARTICLES

[VIEW ALL](#)

### LAW 1: THE FIELD OF PLAY

For a new referee, you'd think this would be an easy



### LAW 1: THE FIELD. WHAT TO EXPECT AND WHAT TO DO



### LAW 2: THE BALL

As with the first of the rules, the field of play, on the



### LAW 2: THE BALL. TIPS AND OBSERVATIONS

While you may expect that the ball is simply a ball,





[Membership](#)

[Advocacy](#)

[Education](#)

[Resources](#)

[Career Center](#)

[Awards/Rankings](#)

[TAKE COURSE](#)



This series explores the five principles of attack, namely penetration, width, support, mobility and improvisation.

[TAKE COURSE](#)

[TAKE COURSE](#)



Explore attacking and defending shape and different approaches for a variety of systems including the 1-4-4-2 and the 1-3-5-2.

[TAKE COURSE](#)

[TAKE COURSE](#)



This series explores the five principles of defense, namely pressure, cover/support, balance, delay and compactness.

[TAKE COURSE](#)

[TAKE COURSE](#)



This course identifies individual and team-specific approaches to teaching important transitional moments after winning the ball.

[TAKE COURSE](#)



This course offers coaches the latest methods to optimize every



Successfully tactical implementation is contingent on



This online course highlights sports psychology and teaching



This series is dedicated to preparing players, teams and

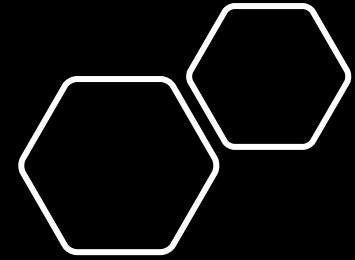
# Current Course Listings for Indiana

Registration	License	Date	Time	Host
<a href="#">US Soccer National C License Course</a>	C	July 8 – Oct. 27, 2024	Virtual (1x per week); In-Person 8/8 – 11/24	Indiana Soccer
<a href="#">7v7 US Soccer Grassroots Course</a>	7v7	March 6-13th, 2024	6:00-7:30 (webinar) and 5:30-6:30PM	Evansville YSL
<a href="#">11v11 US Soccer Grassroots Course</a>	11v11	March 6-13th, 2024	6:00-7:30PM (webinar) and 6:30-7:30PM	Evansville YSL
<a href="#">7v7 US Soccer Grassroots Course</a>	7v7	March 16, 2024	8:30-10:30AM and 1-3:00PM EST	FWSC
<a href="#">11v11 US Soccer Grassroots Course</a>	11v11	March 16, 2024	10:30-Noon and 1-3:00PM EST	FWSC
<a href="#">7v7 US Soccer Grassroots Course</a>	7v7	March 23, 2024	8:30-10:30AM and 1-3:00PM EST	Noblesville SC
<a href="#">11v11 US Soccer Grassroots Course</a>	11v11	March 23, 2024	10:30-Noon and 1-3:00PM EST	Noblesville SC





the reason they can play so good  
is cause their parents aren't  
yellin' at 'em from the sidelines

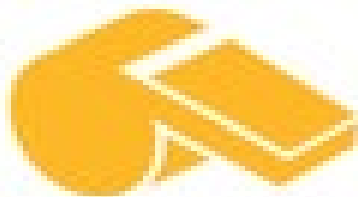




[THE POWER OF POSITIVE](#)[WHAT WE DO](#)[TRAINING](#)[SUPPORTERS](#)[ABOUT US](#)[MAKE A CONTRIBUTION](#)[Home](#) ▶ [Live Workshop](#)

**POSITIVE  
COACHING  
ALLIANCE<sup>®</sup>**

**WORKSHOPS  
AVAILABLE**



POSITIVE  
**COACHING**  
ALLIANCE®

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**BETTER ATHLETES**  
**BETTER PEOPLE**



## PCA's Vision

*A world where every young person benefits from a positive youth sports experience with a coach who inspires them to become the best version of themselves in the game and in life.*

## PCA's Mission

*To change the culture of youth sports so that every child, regardless of social or economic circumstance, has access to a positive youth sports experience.*



## BETTER ATHLETES BETTER PEOPLE

### FOR COACHES

- ☐ Developing Competitors Through Positive Coaching (Youth)
- ☐ CULTURE, PRACTICES AND GAMES
- ☐ POSITIVE MOTIVATION: Getting the Best from Athletes
- ☐ Developing Competitors Through Positive Coaching (High School)
- ☐ MASTERY: Coaching for Peak Performance
- ☐ SPORTS CAN BATTLE RACISM: A Workshop for Coaches
- ☐ NEW COACHING WITH EMPATHY

### FOR LEADERS

- ☐ LEADING YOUR ORGANIZATION: Developing a Positive Coaching Culture

### FOR BUSINESS TEAMS

- ☐ POSITIVE MOTIVATION FOR MANAGERS

### FOR ATHLETES

- ☐ BECOMING A TRIPLE-IMPACT COMPETITOR®
- ☐ MAKING TEAMMATES BETTER: Leadership and Positive Initiation
- ☐ HONORING THE GAME – SOCIAL MEDIA USE: Elevating Yourself and Others
- ☐ JR. TRIPLE-IMPACT COMPETITOR: Activities to Develop Better Athletes, Better People
- ☐ SPORTS CAN BATTLE RACISM: A Workshop for Athletes
- ☐ CHARACTER & LEADERSHIP DEVELOPMENT PROGRAM
- ☐ NEW COMPETING WITH EMPATHY
- ☐ FOR LEADERS

### FOR PARENTS

- ☐ THE SECOND-GOAL PARENT®: Developing Winners in Life Through Sports











# 2020 Indiana Soccer Small Sided Referee Pathway

- Designed for Youth 12-16 for the 4v4, 7v7, and 9v9 Play Formats













**INDIANA  
SOCCER  
ASSOCIATION  
CLUB AR  
CERTIFICATION**

*"GUARDIANS OF THE GAME"*



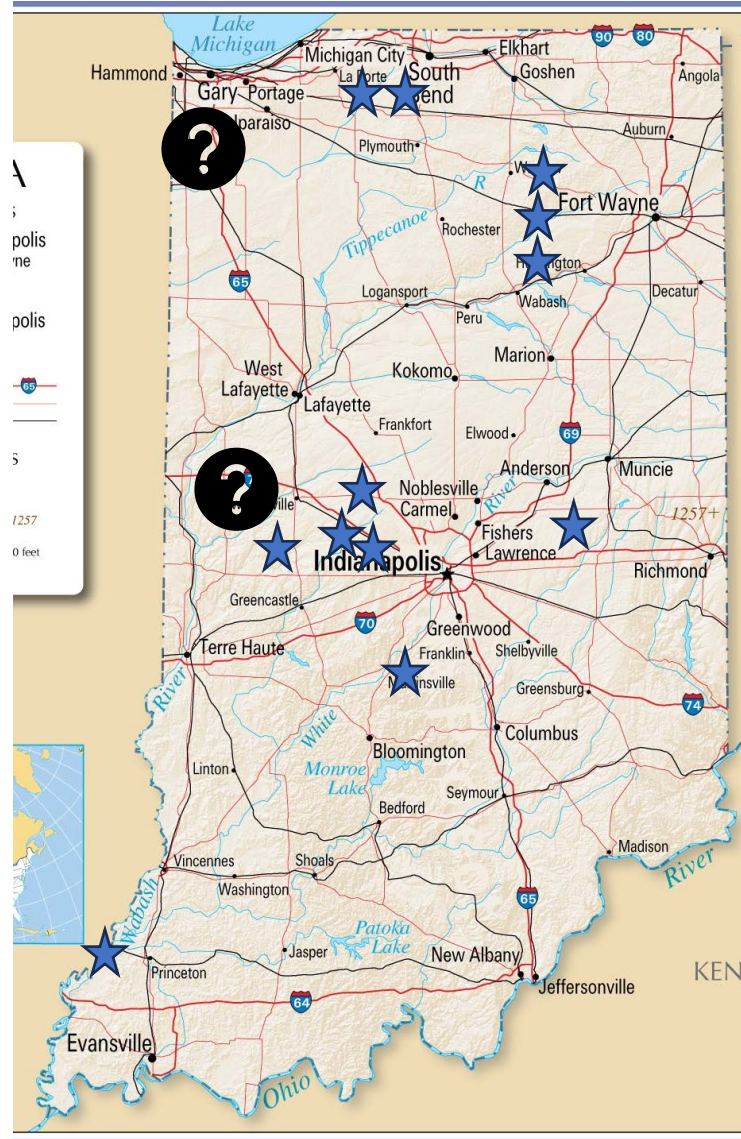


**ODP**

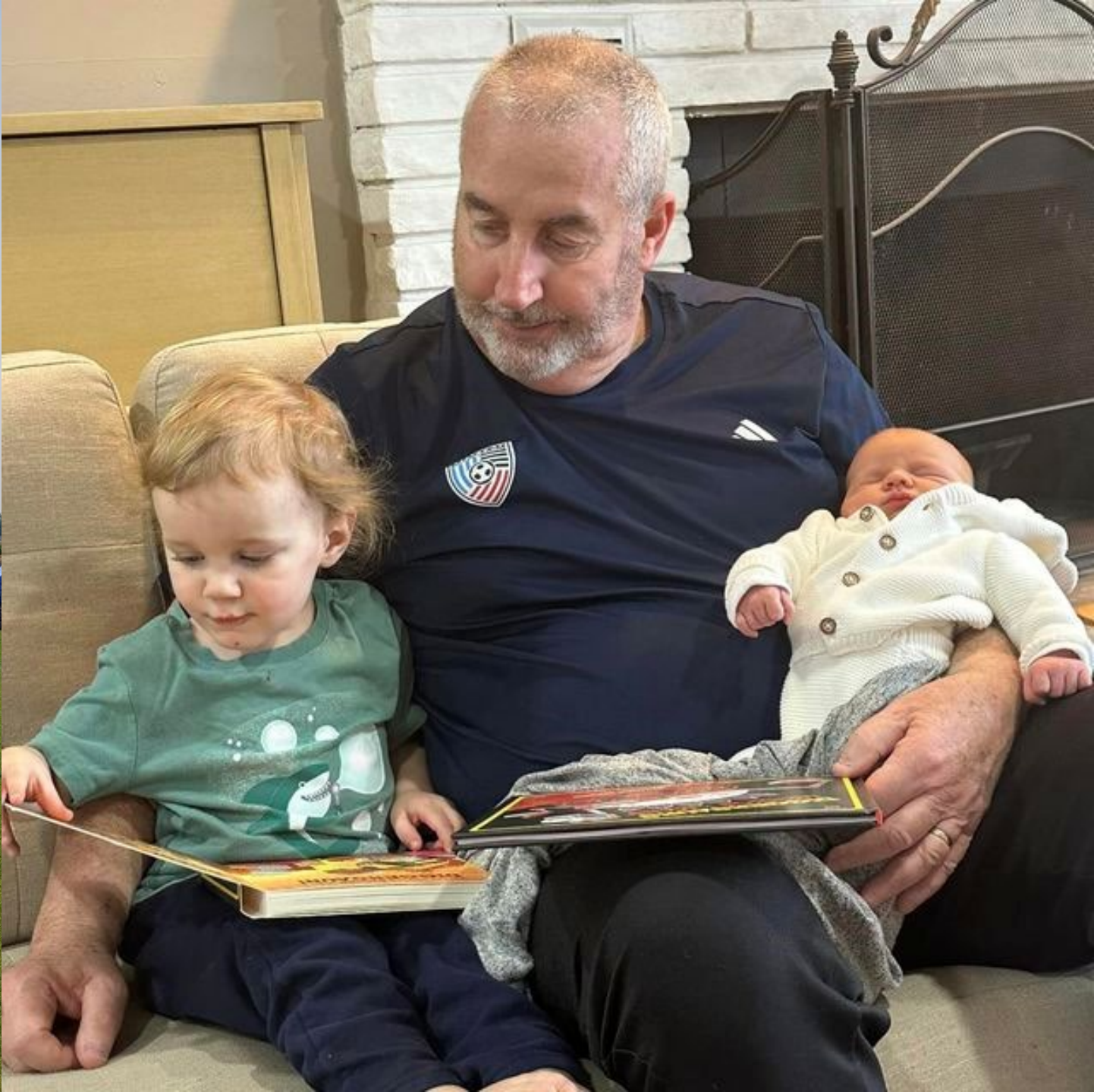
**TODD SHEELY**

# District Training- Over 450

1. Elkhart
2. South Bend
3. Auburn
4. Fort Wayne X2
5. Plainfield
6. Carmel
7. Columbus
8. Richmond
9. Evansville
10. Indianapolis, South Side
11. Indianapolis, West Side









Justin Becht  
justin@soccerindiana.org



# INDIANA FUTSAL FOR ALL PROGRAM

EMPOWERING PHYSICAL ED TEACHERS



